

Semester 2 – Term 4, 7th October 2015

Term Four Important Dates

Junior Campus		Senior Campus	
22 nd October	AVID FEST	13 th October	Beacon Hospitality Program
28 th October	Junior Soiree and POP Concert	15 th October	Beacon Work Ready Program
		20 th October	Last Day Y12 VCE Classes
		28 th October	Y12 VCE Exams begin

Next Newsletter: 28th October 2015

College Principal's Report

Welcome to Term 4. I trust that our staff, students and families had a restful break and are ready for our final term for 2015. As always we have many exciting events planned for this term, including music performances, the AVID Fest, orientation day for our new Year 7's and the Presentation Evening in the last week of term, where we reward students from Year 7 to 12 for their outstanding achievements. Our Year 12's only have a few weeks left of their schooling, and are busy completing their subject work and/or preparing for exams. The Principal team and college staff wish them all the best and encourage them to aspire to achieve to start the next phase of their life in the best possible way.

A great example of students aspiring to achieve was the recent achievement of our Intermediate and Senior Rugby Boys' teams. A huge congratulations to these students who were successful at the end of last term in winning their respective state finals – the Cooper Cronk Shield and the Melbourne Storm Cup - and becoming State Champions for 2015! Congratulations also to our dedicated teaching and Sports Academy staff who have helped our students attain such remarkable achievements.



Senior Campus

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St Albans Victoria 3021

P 03 8312 0200
F 03 8312 0211

Junior Campus

88 Billingham Road
Deer Park Victoria 3023

P 03 9363 1155
F 03 9363 8681

Trade Training Centre – Cairnlea Campus

Ken Jordan Road
Cairnlea Victoria 3023

Correspondence To

PO Box 83
St Albans Victoria 3021

Email victoria.university.sc@edumail.vic.gov.au
Web www.vusc.vic.edu.au

We will be holding an official Opening Ceremony for our new Trade Training Centre on Monday 26th October. The Hon. Senator Scott Ryan will officially open the building at 10am. All welcome.

Next year students will have the opportunity to have a free dental check-up by an accredited public dental agency, Co-health. Regular dental check-ups for children and adolescents are important to develop good oral health habits and prevent future oral health problems. Parent/guardian consent forms will be issued at the beginning of Term 1, 2016. There is no charge so please take advantage of this great offer.

All parents/guardians are advised that this will be our last newsletter in print. Newsletters will be published online both on our website at www.vusc.vic.edu.au and on Compass for easy viewing in future. We have had great feedback from families regarding the easy use of Compass and the wide range of features that enable parents to monitor their children's education and communication from the school. If you require assistance to set up your parent portal, please contact your campus office.

Cheers,

Genevieve Simson



VUSC News

Pick up and drop off

Could parents/guardians please refrain from parking in neighbours' driveways when dropping off and picking up students.

VET Payments for 2016

All VET Payments for 2016 are due now for students to secure a place in 2016.

Careers News

Tax File Numbers

Any student will need a tax file number if he/she starts work (part-time and full-time) and all students planning on going on to tertiary education will require one when they start.

Importantly, current Year 12 students are reminded that they cannot enrol in a CSP (Commonwealth Support Place) course at university without a Tax File Number, so it is worthwhile getting an application submitted early!



Students must now apply for a TFN online and have their identity verified through an interview at a participating Australia Post office. **To apply and find out about participating Post Offices, visit [Tax File Numbers at www.ato.gov.au](http://www.ato.gov.au) or go to the link on the school's Careers Website (under Important Info).**

SCHOOL CAREERS WEBSITE

Our school's Careers website is an invaluable resource for students and parents to access. Students should have logged into the student secure area where there are many important resources including newsletters, resume builder, cover letter builder, practise on-line job application, career interests test etc. If students have not yet logged in, please see the Careers team for assistance.

Current Year 12 students in particular should be consulting current newsletters and open day information.

VTAC Dates

Scholarships applications close	5pm, Friday 16 October 2015
Change of preference closes	5pm, Friday 30 October 2015
Change of preference reopens	Monday, 23 November 2015
Release of ATARs	Monday, 14 December 2015
Change of preference closes	12pm, Monday 21 December 2015
Release of main round undergraduate offers	Monday, 18 January 2016
Release of second round undergraduate offers	Thursday, 4 February 2016

ARE YOU EX NAVY, ARMY, OR AIR FORCE ?

Then Carry On (Victoria) may be able to help you with education costs if you meet our eligibility criteria.

If you have served in the Australian Defence Forces or Allied Forces and you wish to apply for a Secondary Education Grant for 2016, **please telephone Carry On (Victoria) on (03) 9629 2648 to establish eligibility and request an application form.**

Carry On (Victoria) assists Secondary School students in Years 7-12 with grants for expenses such as fees, books, uniforms, excursions etc. For those students going on to Tertiary Education a grant may also be available.

Children whose Parent/s or Legal Guardian/s have a need for financial assistance and comply with our eligibility criteria may apply. All grants are income tested and **applications should be submitted by 29 October 2015.**

Sports Corner

TERM 4					
Week	Date	Sport	Year Level	Location	Coaches
1	9-Oct	Cricket	1B,1G, Y8	Fairburn Park	SFL
2	12-Oct	Junior Futsal	Y8 BG	Whitten Oval	RGI, TSQ
2	15-Oct	Junior Futsal	Y7 BG	Whitten Oval	RGI, TSQ
3	19-Oct	Tennis	Y7/8	Taylor's Lakes	RGI
3	20-Oct	State Track and Field	Dec-20	Lakeside Stadium	DMA, SQU
3	22-Oct	Baseball/Softball	Y7/8 Boys/Girls	Keilor Park	PGI, RHO
	OCT	Robbie Kearns	Y7/8 Boys/Girls	TBA	TAD, HPE
9	4-Dec	Lawn Bowls	Y7-9	Deer Park Bowls Club	RGI, SFL

Note: Students interested in representing the college in interschool sport competition are asked to please see your campus Sport Coordinator for more information or the Campus Coach.

AIS CAMP – DO NOT MISS THE HIGHLIGHT OF YOUR SCHOOL YEAR!!!!

A reminder that progress payments need to be finalised at the front office by the end of the week for the Australian Institute of Sport Camp. If students/families have any questions regarding the AIS camp, please contact your academy coach.

Junior Athlete Development Program Excursion

On Tuesday 15th September, our Junior Campus Athlete Development Squad travelled to Albert Park to take part in a 5km time trial and aquatic recovery session at the Melbourne Sports and Aquatic Centre. With unusually warm conditions for that time of year and a swirling head wind, the run presented all student and staff runners with a fairly tough challenge. It is clear to see that the three terms of early morning strength and conditioning training sessions have been paying off with students setting some electrifying times and personal best achievements.

Results:

First Ramzy Mohammed Ali

Second Lameck Maneneka

Third Rayan Mohammed Ali

Special Mentions:

Noales Ahmed, Lopeti Faifua, Derek Iva, Sheyenne Love, Ethan Makaua-Farni, Tiarna Marchant, Chevy Pearce, Melissa Sichampanakhone, Khoa Tran.

With lots of sore tired muscles we then headed across to the Melbourne Sports and Aquatics Centre where the students were put through an aquatic session of 10 conditioning exercises to aid muscle recovery. Throughout the day it was an honour to watch such an incredible bunch of athletes push their bodies to the limit and work as a team with support and encouragement.

Miss Hogarth and Mr Pearce

Rugby Academy

U/16 Cooper Cronk Shield Final

On Wednesday Sept 18 the VUSC team travelled to Fregan Reserve, Clayton to participate in the final of the Cooper Cronk Shield. Having qualified for the final 2 weeks prior, the team was expecting a tough game against their local rival, Braybrook College.

Starting the game off in scintillating fashion VUSC scored four unanswered tries within the first 20 mins and were totally dominating the play. However, a soft try just before half time gave Braybrook a lift in confidence with VUSC leading 20 to 4.

In the second half, no one could predict what was to unfold. Playing with far more confidence and renewed enthusiasm, Braybrook managed to score 3 of the next 4 tries and were putting VUSC under enormous pressure. To combat this surge VUSC went back to basics and to their credit they were able to regroup and compose themselves under immense adversity.

Fortunately they managed to score a further two tries at the back end of the game and thus be the first school in VRL history to win back to back Cooper Cronk U/16 titles.

Credit must go to all the team members who worked tirelessly throughout the game and were deserving winners. Special mention goes to Richard Sisifa who was named man of the match.

VUSC 34 def Braybrook College 24

Storm Cup

What a game!!! With many of the Y12 boys (Epati Misi, Callum Cook, Carl Pale, Job Baboth, Tee Beazley, Patrick Le, Kevin Cruz, Blake Chan, Folau Fifita) playing their last game for VUSC, the team was highly motivated to send them off in the best possible way. And that they did with a comprehensive performance where they totally outplayed and out-enthused their opposition.

Playing with plenty of passion and confidence they raced in 6 first half tries and lead 30-6 at half time. Continuing on their dominance in the 2nd half they managed to score a further 4 tries and win the game by a big margin. There were many highlights but Kevin Cruz's try on his first touch in the game and Darrel Tai's 3 tries at left centre were fantastic. All boys are to be commended on how hard they played for their teammates and the way they went about demolishing the opposition with their skill level. Special mention goes to Tiui Misi who was named man of the match.

We wish all the boys leaving the program all the best in their future careers both on and off the field.

VUSC 46 def Hallam SC 10

Congratulations to the following students

- **Tiui Misi, Jeremiah Muriwai, Nikau Williams, Richard Sisifa and Uala Salia** who have been selected in the Storm 18's squad for preseason training.
- **Nikau Williams** who represented VIC in the National U/18's touch titles in Caloundra.
- **Quidelis Dominic** on her selection in the Rebels Girls U/18's Rugby 7's squad.
- **Uala Salia** on his selection in the U/18's Rebels Rugby 7's squad.

Mr Tony Adam – Rugby Coordinator and Head Coach



Track and Field Squad Training and Update

Congratulations to all our students who represented our College at the Western Metropolitan Track and Field Championships following our fantastic win in the Divisional Track and Field Championship last term. A special mention goes to the below students who will go on to represent the College at the State Track and Field Championships on Tuesday 20th October.

- Faifua Lopeti – 12-13 Boys High Jump
- Boikai Java – 17 Boys Triple Jump
- Epati Misi – 18-20 Boys Shot Put, Discus
- Uala Salia – 16 Boys Shot Put
- Callum Cook – 17 Boys Javelin
- Timothy Le – 16-20 Boys AWD 100m, 200m, Long Jump
- Leo Harrison – 15 Boys Discus
- 17 Boys 4 x 100m Relay Team (Boikai Java, Sam Bonnici, Jason San Miguel, Callum Cook).

Lastly, I would like to recognise our staff SHAPE Team for their support of our student athletes in helping them achieve their true potential.

Sporting quote of the Month: *“Never say never because limits, like fears, are often just an illusion.” (Michael Jordan).*

Mr Dale Marshall

Sport Promotion Leader

The Stress of Teen Success

An extract from Parentingideas Club

A recent Australian study shows that today’s young people have one eye firmly on the future, yet they’re not confident of their chances of future success. A Mission Australia survey of 13,600 young people’s aspirations around the country, found that 87% of respondents ranked career success as their number one priority, followed by being financially independent (86%), owning a home (73%), having a family (68%) and feeling a part of their community (41%).

The flip side of these high aspirations is that around 40% of these respondents didn’t feel they could achieve career success or their own home. While girls rated school and career success as more important than did boys, nearly 50% of girls worried that they wouldn’t get into their choice of tertiary study compared to 30% of boys. These young people identified their parents, rather than teachers as being the major source of external pressure for them to succeed.

There is no doubt that the gap between young people’s aspirations and their achievability appears to be a major source of stress for young people. The world of work that today’s young people are preparing to enter is full of uncertainty. Youth unemployment rates are increasing, potential higher costs of tertiary education and a lack of affordable housing means that young people are less confident of achieving their goals than those of past generations.

The need for resilience

The young people in the Mission Australia survey identified coping with stress (42%) as their number one concern, higher than worries about body image (30%) and family conflict (20%). While teens must learn to cope better with these immediate pressures, the need to develop resilience as well as relationship skills is compelling, as it is these that will help them succeed in the competitive and changing environments they are about to enter.

The ability to persist when success doesn’t come easily; the propensity to learn from rather than take failings personally; and a willingness to take the right rather than the easy options are the types of resilience traits that parents and teachers should be developing in young people on a daily basis.

Keep mental health on the agenda

Equally important for young people’s future success is paying attention to their wellbeing. “How’s your mental health?” is a question that parents should be asking young people on a regular basis. Keeping young people’s wellbeing front and centre is about helping them to keep a balance in their lives. There are many ways that a young person can be successful. Focusing on a narrow definition of success can come at a cost to other areas of life such as happiness, relationships and health.



We are pleased to introduce a new service for families called **Compass School Manager**. Compass will streamline communication between you and the school, and provide you with enhanced access to information about your child.

What can I use Compass for?

Compass includes many different features, including the ability to:

- Monitor your child's attendance
- Enter approval for absences or lateness
- Update your family contact details
- View your child's timetable and the school calendar
- Monitor your child's homework and assessment tasks
- Book parent-teacher conferences
- View the school newsletter

How do I access Compass?

Parents are able to log in to Compass via the link located on the school website at www.vusc.vic.edu.au. Alternatively, families can login directly to Compass at <https://vusc.vic.idlf.com.au>. Compass can be accessed anywhere, anytime, on any device including your computer, tablet or other mobile device.

PARENT ONLY access information was distributed in Term 3.
Please contact your campus office if you do not have log in details.

Welcome to the Victoria University
Secondary College Portal

Compass



Use the links listed for each of your children to explore the portal.
Please keep your mobile phone number and email address up to date
(Tools > Update My Details). The school will use this to contact you
regarding attendance, events, news and more.

My News

Student Name

- Profile (Attendance, Schedule, Reports)
- Add Parent Approval (Approved Absence/Late)
- View Academic Reports
- Book Parent Teacher Interviews

Student
Photo

Book your parent teacher
interviews here