

## Rugby League Scholarships Entry at Year 10 or 11

This scholarship is available to students who have demonstrated outstanding sporting skills in Rugby League and are interested in joining the VUSC Rugby League Academy at Year 10 or 11. Applicants will display positive behaviours and a commitment to doing their best not only on the sporting field, but also in their academic development. Personal qualities of sportsmanship and dedication are important, together with a preparedness to participate fully in the life of Victoria University Secondary College.

### Selection and Application

Selection is based on written application and interview. Students are also required to present a current school report. Applicants are not required to sit an entry exam.

New students must follow the enrolment process before applying for the Rugby League Academy program or scholarship.

Scholarships are valued at \$500. Successful students must continue to demonstrate excellent attendance and academic efforts, and display exemplary behaviour.

Further information and application forms are available at the Senior Campus. Enquiries may be directed to the Senior Rugby League Coach.

### See the College in Action

Victoria University Secondary College provides opportunities for prospective parents and students to tour the school, ask questions and discuss the enrolment process with one of the Assistant Principals. Please contact the Senior Campus to arrange a suitable time for a tour.



#### Junior Campus

88 Billingham Road,  
Deer Park, Victoria 3023  
P 03 9363 1155

#### Senior Campus

43 Ken Jordan Road  
Cairnlea, Victoria 3023  
P 03 8312 0200

Email: [victoria.university.sc@education.vic.gov.au](mailto:victoria.university.sc@education.vic.gov.au)  
Web: [www.vusc.vic.edu.au](http://www.vusc.vic.edu.au)



# Sports Academy Rugby League Academy

Create The Future



## The Victoria University Secondary College Sports Academy supports our community's growing demand for a program providing pathways and opportunities for our students in sport.

It is recognised that Sport, Health and Physical Education play an important part in an individual's holistic growth and development, and the Sports Academy programs offer students the opportunity to develop these skills further. The program recognises that student athletes require specialised and specific support in strength and conditioning as well as skills development in order to create a pathway for further sporting success.

The aim of the academy is to encourage positive educational and career outcomes for boys and girls by means of sport and recreation. In addition to the Sports Academy programs unique to VUSC, students have numerous opportunities to be involved in several different types of sports through our Interschool Sport Competition in conjunction with School Sport Victoria.

### The VUSC Sports Academy Programs:

- Encourage increased student participation levels in sport and physical activity;
- Raise students' expectations of themselves;
- Provide an engaging curriculum program for our student athletes;
- Foster students' development and encourage social growth;
- Foster strong partnerships with community organisations such as sporting clubs, universities, primary schools, State Sporting Organisations (SSO)



### VUSC Sports Academy Programs:

#### Athlete Development Program

- provides an opportunity for students in Years 7 – 12 to further improve their strategic, tactical and physical skills through a specialist sports development program;
- includes topics such as: goal setting, time management, diet and nutrition and individual performance analysis to better equip our student athletes with the tools they require to reach their full potential.

Students from a variety of sporting fields are encouraged to apply for this program. Specialist coaches provide customised fitness plans to enable each athlete to develop according to their individual requirements. As this is an optional program, fees will apply and must be paid prior to commencement.

#### Further Study Options

Students wishing to study further in the areas of Health and Physical Education may choose from a number of subjects offered from Year 10 – 12, including Sports Science, Health and Human Development and Physical Education. Students may also elect to undertake a VET Certificate III in Sports, Aquatics and Recreation, providing them with an industry-recognised qualification and opportunities to pursue employment in these sectors.

#### Rugby League Academy

The Rugby League Academy is a select entry program offered to Year 9-12 students. Selection is made via application and interview.

The program provides students with specialised and individual support in skill development and strength and conditioning by high performance coaches who have many years of experience working with rugby league teams at secondary school and professional club levels.

VUSC has experienced enormous success in Rugby League competitions since the implementation of the Academy, winning major competitions at state and interstate level. VUSC students are selected each year to play in Victorian and Australian squads. The Senior VUSC Team currently competes in the NRL Schoolboy Cup – a Tier 1 nationwide competition.

Rugby League Academy students have access to elite level training programs, including field training where students refine technical skills, decision making skills, go through strategies and conduct performance analysis reviews to further student development. Students are also provided with strength and conditioning programs to enable excellent physical preparation and conditioning.